

COMPASSION STYLES QUESTIONNAIRE

Directions: Record your response to each of the 36 statements according to whether you think the statement applies to you: 3-very much; 2-somewhat; 1-very little; 0-not at all. Transfer your responses to the grid at the bottom of the page and total each column.

- ___ 1. In conversations, I like to approach topics directly, without much small talk or beating around the bush.
- ___ 2. I have a hard time getting out of bookstores or libraries without getting a bunch of books that will help me better understand issues being debated in society.
- ___ 3. I often tell stories about my personal experiences in order to illustrate a point I am trying to make.
- ___ 4. I am a “people person” who places a high value on friendship.
- ___ 5. I enjoy including or adding new people to activities I am involved in.
- ___ 6. I see needs in people’s lives that others often overlook.
- ___ 7. I do not shy away from putting a person on the spot when it seems necessary.
- ___ 8. I tend to be analytical.
- ___ 9. I often identify with others by using phrases like “I used to think that too” or “I once felt the way you do.”
- ___ 10. Other people have commented about my ability for developing new friendships.
- ___ 11. To be honest, even if I knew the answers, I am more comfortable having someone “better qualified” explain Christianity to my friends.
- ___ 12. I find fulfillment in helping others, often in behind-the-scenes ways.
- ___ 13. I do not have a problem confronting my friends with the truth even if it risks hurting the relationship.
- ___ 14. In conversations, I naturally focus on the questions that are holding up a person’s spiritual progress.
- ___ 15. When I tell people of how I came to Christ, I have found that they have been interested in hearing it.
- ___ 16. I would rather dive into personal life issues than abstract theological ideas.
- ___ 17. If I knew of a high quality outreach even that my friends would enjoy, I would make a big effort to bring them.
- ___ 18. I prefer to show love through my actions more than my words.
- ___ 19. I believe that real love often means telling someone the truth, even when it hurts.
- ___ 20. I enjoy discussions and debates on difficult questions.
- ___ 21. I intentionally share my mistakes with others when it will help them relate to the solutions I have found.

Compassion Styles Characteristics

| | Character | Characteristics | Caution |
|-----------------|------------------|--|--|
| Confrontational | Peter | Confident, Assertive, Direct | Not Rude or antagonistic |
| Intellectual | Paul | Inquisitive, Analytical, Logical | Don't be argumentative |
| Testimonial | Blind man | Clear communicator, Story teller, Good Listener | Move past story telling |
| Interpersonal | Matthew | Warm personality, Conversational, Friendship oriented | Don't be afraid to risk the friendship |
| Invitational | Woman @ Well | Hospitable, Relational, Persuasive | Don't always depend on others |
| Serving | Dorcas | Others- centered, Humble, Patient | Remember to give an answer |